

BOWLS

ACAI	MADE WITH ORGANIC ACAI
PITAYA	BLENDED WITH PINEAPPLE AND MANGO
COCONUT	BLENDED WITH COCONUT CREAM
BANANA	BLENDED WITH HONEY AND ALMOND MILK
BLUE	BLENDED WITH COCONUT, BANANA, AND
SPIRULINA	ALMOND MILK

GG & JOE - 12

CHOICE OF BASE TOPPED WITH GRANOLA, STRAWBERRIES, BLUEBERRIES, BANANA, COCONUT FLAKES, CHIA SEEDS, AND CHOICE OF DRIZZLE

DRAGON FRUIT - 12

PITAYA BASE, BLUEBERRY GRANOLA, STRAWBERRIES, BANANA, COCONUT FLAKES, PEANUT BUTTER, HONEY

ANNA BANANA - 12

BANANA BASE, GRANOLA, STRAWBERRIES, BLUEBERRIES, COCONUT FLAKES, CHIA SEEDS, PEANUT BUTTER

LA COSTA - 12

BLUE SPIRULINA BASE, BLUEBERRY GRANOLA, STRAWBERRIES, BLUEBERRIES, COCONUT FLAKES, CHIA SEEDS, PEANUT BUTTER

TROPICAL - 12

CHOICE OF BASE TOPPED WITH BLUEBERRY GRANOLA, PINEAPPLE, BANANA, KIWI, COCONUT FLAKES, CHIA SEEDS, AND VANILLA INFUSED HONEY

BERRY SWEET - 12

ACAI BASE, GRANOLA, BANANA, STRAWBERRIES, CHOCOLATE CHIPS, NUTELLA

COCONUT - 12

COCONUT BASE, GRANOLA, BANANA, COCONUT FLAKES, DARK CHOCOLATE CHIPS, ALMONDS, NUTELLA

CASCADE - 13

PITAYA BASE, COCONUT, BLUE SPIRULINA, GRANOLA, BLUEBERRIES, BANANA, COCONUT FLAKES, CHOCOLATE CHIPS, ALMOND BUTTER

TOAST

WHITE, MULTI GRAIN, GLUTEN FREE +2, PALEO BAGEL +2
ADD HARD-BOILED EGG +2

AVOCADO - 10

AVOCADO, TOMATO, LEMON ZEST, OLIVE OIL, SEA SALT, EVERYTHING BAGEL SEASONING

FRUIT - 10

WHIPPED COCONUT CREAM, STRAWBERRIES, KIWI, BLUEBERRIES, CHIA SEEDS, VANILLA INFUSED HONEY, CINNAMON, COCONUT FLAKES

PEANUT BUTTER WHIP - 8

PEANUT BUTTER, WHIPPED COCONUT CREAM, VANILLA INFUSED HONEY, CINNAMON
ADD BANANAS OR STRAWBERRIES +1

NUT BUTTER - 8

CHOICE OF NUT BUTTER, BANANA, COCONUT FLAKES, HONEY, CINNAMON

BREAD & BUTTER - 3

CHOICE OF BREAD, BUTTER

YOGURT

YOGURT PARFAIT - 12

CHOICE OF EITHER UNSWEETENED GREEK OR UNSWEETENED COCONUT MILK YOGURT. LAYERED WITH CHOICE OF GRANOLA, FRESH FRUIT, AND DRIZZLE. TOPPED WITH COCONUT FLAKES AND CHIA SEEDS

BUILD YOUR OWN BOWL - 8

CHOOSE A BASE, THEN ADD UNLIMITED TOPPINGS FOR \$1 EACH

BASES

ACAI
PITAYA
COCONUT
BANANA
BLUE
SPIRULINA

FRUIT

STRAWBERRIES
BANANA
BLUEBERRIES
PINEAPPLE
KIWI

CRUNCH

VANILLA ALMOND GRANOLA
BLUEBERRY FLAX GRANOLA
GRAIN FREE GRANOLA
COCONUT FLAKES
CHIA SEEDS
CRUSHED ALMONDS
CHOCOLATE CHIPS

DRIZZLES

ALMOND BUTTER
PEANUT BUTTER
NUTELLA
HONEY
VANILLA HONEY
MAPLE SYRUP

SMOOTHIES

VANILLA PROTEIN +2, BLUE SPIRULINA +2
COLLAGEN +2, MCT OIL +1, VITAMIN C +1

PEANUT BUTTER DREAM - 9

COCONUT, BANANA, PEANUT BUTTER,
VANILLA, ALMOND MILK

BOSS LADY - 9

PITAYA, STRAWBERRIES, PINEAPPLE JUICE,
LEMON, ALMOND MILK

ENERGIZER - 8

ESPRESSO, BANANA, CACAO, VANILLA,
MAPLE SYRUP, ALMOND MILK

GO GREEN - 9

SPINACH, BANANA, APPLE,
VANILLA, SUPERGREEN POWDER,
LEMON, ALMOND MILK

PURPLE RAIN - 9

ACAI, STRAWBERRIES, BLUEBERRIES,
LIME JUICE, ALMOND MILK

PBJ TIME - 9

STRAWBERRIES, BANANA,
PEANUT BUTTER, ALMOND MILK

VANILLA BEAN - 9

VANILLA BEAN POWDER,
MAPLE SYRUP, MILK

STARRY NIGHT - 9

BLUEBERRIES, STRAWBERRIES,
PINEAPPLE, HONEY, LEMON JUICE,
BLUE SPIRULINA, ALMOND MILK

MAHALO - 9

COCONUT, BANANA, PINEAPPLE JUICE,
PINEAPPLE, VANILLA, ALMOND MILK

BLUE SKY - 10

COCONUT, BANANA, ALMOND BUTTER,
VANILLA, BLUE SPIRULINA, CINNAMON,
ALMOND MILK

COFFEE / ESPRESSO

COLLAGEN +2, MCT OIL +1, EXTRA ESPRESSO SHOT +2

DRIP COFFEE 2.75 3.25 3.75

ICED COFFEE 3.5 4

BULLETPROOF COFFEE 4.5 5 5.5

LATTE 4 4.5 5

ICED 4.5 / 5.25

CAPPUCINO 4 4.5 5

ICED 4.5 / 5.25

CORTADO 4.25

ICED 5

CARAMELLA LATTE 4.75 5.25 6

ICED 5.25 / 6

SHAKEN ESPRESSO 5.25 6

CHOICE OF SYRUP

ESPRESSO SHOT 2.5 3.5 4

SINGLE / DOUBLE / TRIPLE

SYRUPS: VANILLA, MOCHA, CARAMEL, BROWN SUGAR

**ALL OF OUR SYRUPS ARE MADE IN HOUSE FROM SCRATCH
AND ARE PALEO, DAIRY-FREE, AND GLUTEN FREE*

CAFFEINE FREE

TURMERIC LATTE 4.5 5 5.75

ICED 5 / 5.75

HOT CHOCOLATE 3.75 4.25 4.75

ACAI LEMONADE 3.75 4.25

STRAWBERRY REFRESHER 4.5 5

TEA

CHAI LATTE 4.5 5 5.75

ICED 5 / 5.75

MATCHA LATTE 4.75 5.25 6

ICED 5.25 / 6

ICED STRAWBERRY MATCHA 5.75 6.25

ICED TEA 3.25 3.75

*BLACK, STRAWBERRY BASIL (GREEN),
SANGRIA HIBISCUS (HERBAL)*

HOT TEA 2.75 3.25 3.75

*BRITISH BREAKFAST, EARL GREY, DECAF BRITISH BREAKFAST,
DECAF GINGER PEACH, GREEN, ACAI GREEN, CHAMOMILE ROSE,
CHAMOMILE LEMON, HIBISCUS, APPLE CIDER, GINGERBREAD*